

# NMS Monthly

March Edition 2024



## **Essays & Interviews**

### **National Brain Injury Awareness Month**

**Written by: Anna Fitts**

Brain Injury Awareness Month is a major event around the world. There are more than 5.3 million individuals in the United States who are living with a permanent brain injury-related disability. That's one in every 60 people. At least 2.8 million Americans sustain traumatic brain injuries in the United States every year. Many must receive treatments or check-ups long after any symptoms disappear. The largest and oldest foundation focused on brain injuries is the BIAA, established in 1980, uses March to spread awareness and work to better prevent brain injuries. A blue ribbon represents Brain Injury Awareness Month.

Traumatic brain injury (TBI) happens when a sudden, physical assault damages the brain. It is one of the most common causes of disability and death in adults. TBI is a broad term that describes a vast array of injuries that happen to the brain. Brain trauma can cause comas, paralysis, poor balance, and in extreme cases, death. Even methods to remove tumors and the like can cause amnesia, difficulty speaking, or worse. But not all brain injuries are caused by falls. A brain tumor is a growth of cells in the brain or near it. Brain tumors can happen in the brain tissue. Penetrating TBI (open TBI) happens when an object pierces the skull- a bullet, shrapnel, bone fragment, or by a weapon-and enters the brain tissue. Penetrating TBI typically damages only part of the brain. Non-penetrating TBI (blunt TBI) is caused by an external force strong enough to move the brain within the skull. Causes include falls, motor vehicle crashes, sports injuries, blast injury, or being struck by an object across the head. Brain Injury Awareness Month is also a time to encourage volunteers to help clinics find cures. Consider taking part in a clinical trial so clinicians and scientists can learn more about TBI and related disorders. Clinical research uses human volunteers to help researchers learn more about a disorder and perhaps find better ways to safely detect, treat, or prevent disease. All types of volunteers are needed; old or young, sick or healthy, male or female. Something that affects such a sizable portion of the population should be researched much more than it is now. Just think, if the money devoted to space exploration was given to the medical industry, how many more cures could.

### **Conspiracy Theories Explode When Princess Kate Disappears**

**Written by: Anna Fitts**

Kate Middleton was last seen in public on Christmas Day, and on January 17<sup>th</sup>, it was announced that she had undergone abdominal surgery the day before and would not be seen before Easter. People were immediately suspicious of the long recovery time and how there was just a date slapped on when she would be seen next. People were curious and new conspiracy theories were churned out every other day, but no one got truly obsessed until the palace sent out a picture of Princess Kate and her kids on British Mother's Day. Kate's outfit and hairstyle in the picture were identical to a Vogue cover she was on. Once everybody realized that the picture was a poorly photoshopped fake, the internet exploded with questions for the royal family. A reporter sent out an article with an anonymous source saying Princess Kate was in a coma after a medical procedure gone wrong. After the palace denied that, the reporter doubled down and repeated what they had said. Another photo-shopped picture was sent out, and the internet started to get mad. Was Kate in danger? From the palace? But a true answer came out when the princess announced on March 15<sup>th</sup> that she had been diagnosed with cancer after the abdominal surgery in January that prompted her highly scrutinized disappearance from public life. She has been undergoing pre-chemotherapy ever since.

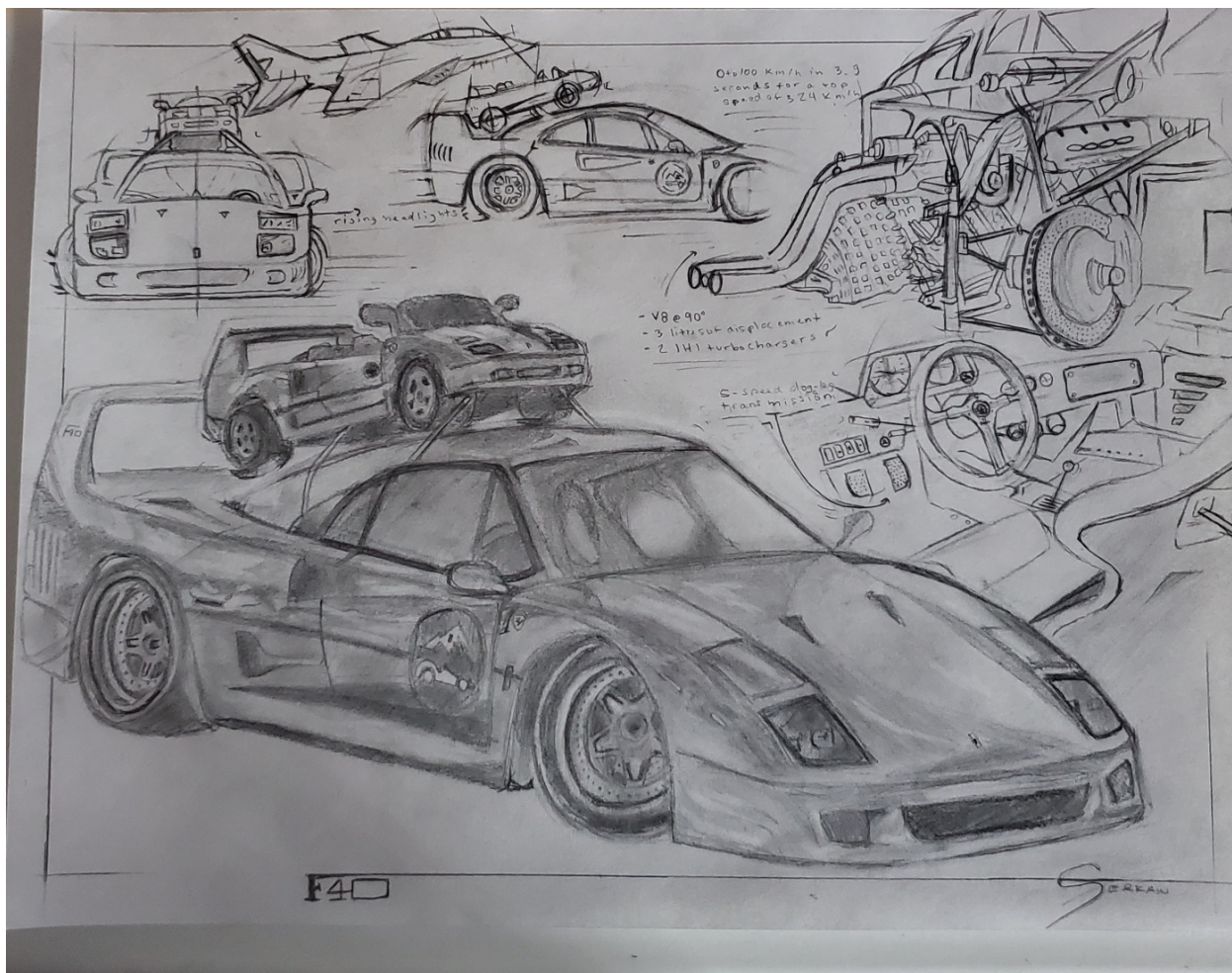
**Mrs. Stuber**

**Written by: Cecilia Binder**

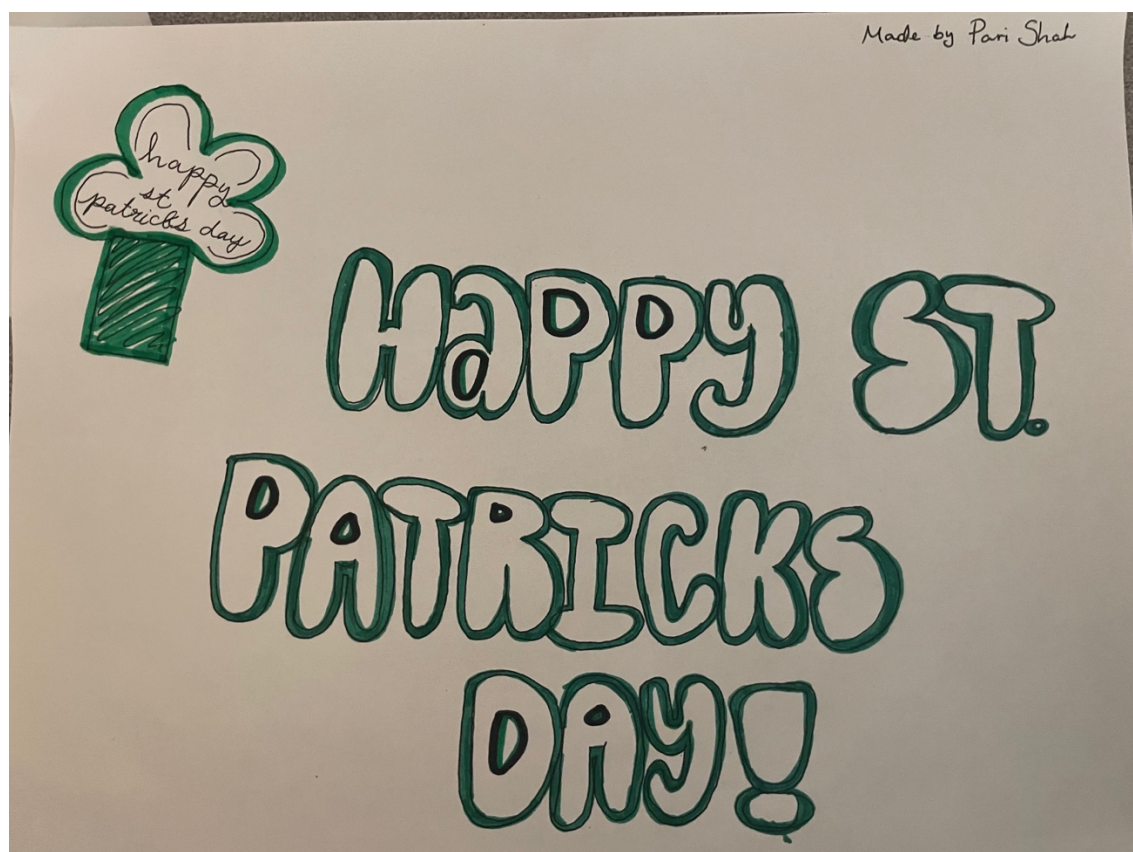
Mrs. Stuber is an eighth-grade science teacher. She is a fun and loving teacher who loves her students. Her classroom is filled with many posters of things she likes and encouraging words to keep the students motivated. Mrs. Stuber went to three different colleges including the following, University of Minnesota, Kennesaw State, and Liberty University. She is a huge fan of the Minnesota Vikings as well as anime. One of her favorite anime series is called "Demon Slayer" that was later made into a show. Around seventeen years ago Mrs. Stuber worked at a preschool. However, her co-workers had told her that she needed to become a teacher because of how good she was with kids. So, she went back to college to become a teacher. During the day while her kids were at school she also went to school. She loves her four children and her 3 cats (Juniper, Nezuko, and Fia). Her favorite part of Northwestern is the students who are very nice and make it easy for her to teach. However, if she wasn't a teacher, she would become an artist.



# ART

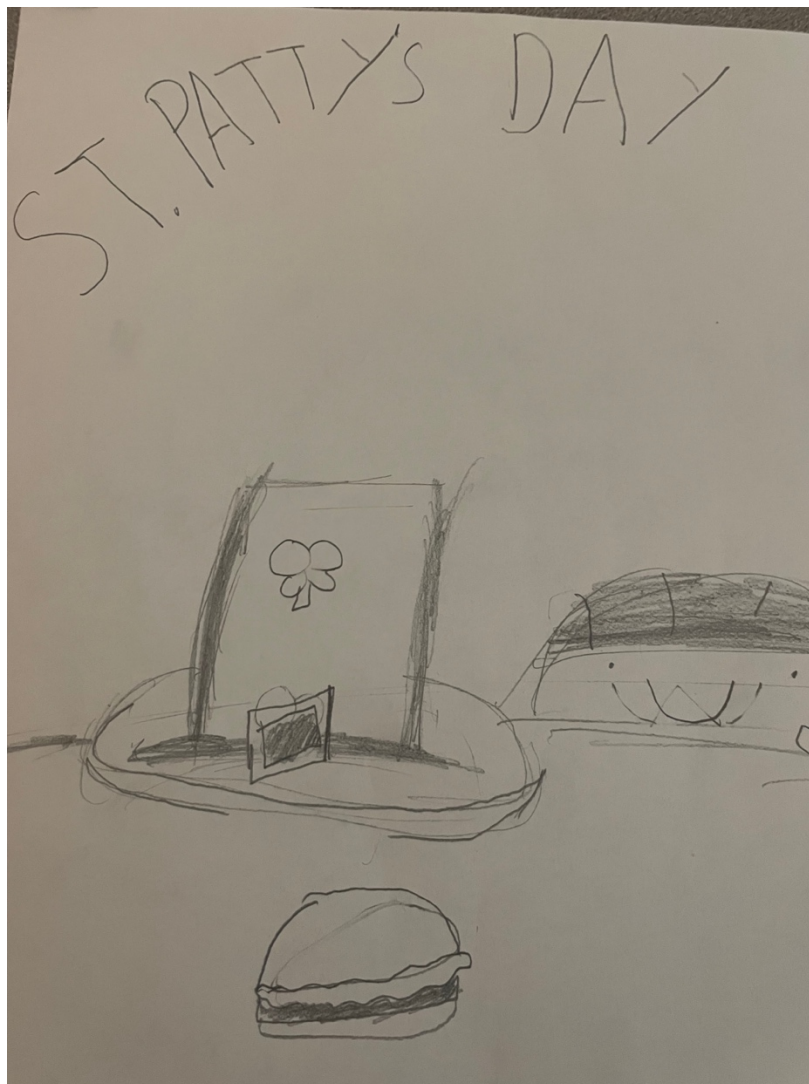


Drawn by Serkan Alverson

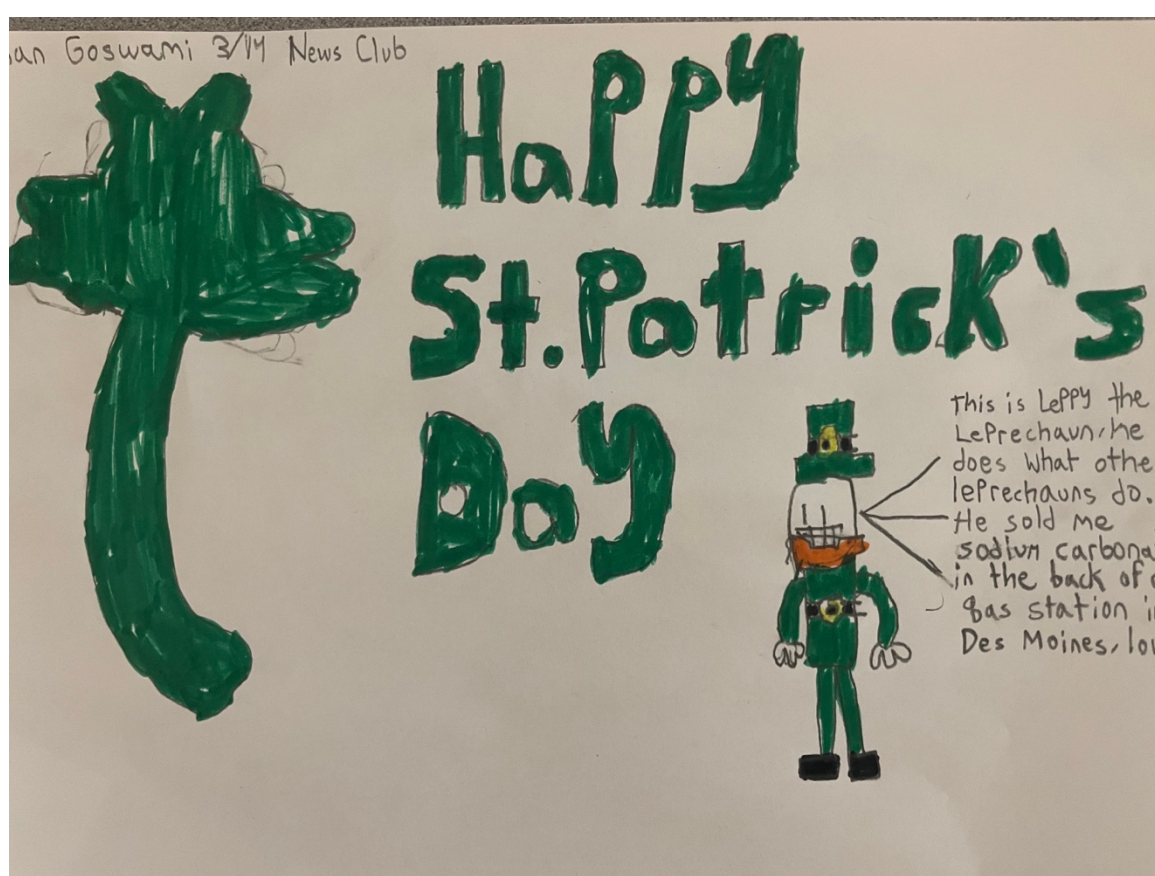


Drawn by Pari Shah





**Drawn by De'Marion Lewis**



**Drawn by Ishan Gaswami**

**That's all for March at NMS! Keep an eye out for the next edition!**